

**Do you want to help
an Amsterdammer
who can't leave the
house because of
corona?**

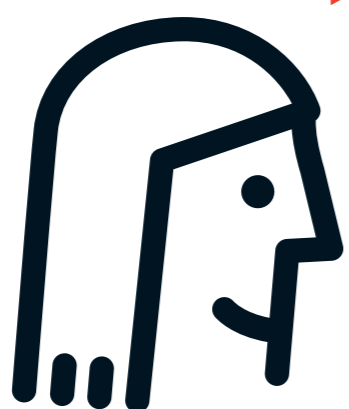


**For each other
in Amsterdam**

**Are you stuck at
home and in need
of practical help or
someone you can
talk to?**

Call:

020-7670031



I need help



I want to offer help



Neighbour contacts

Sign up at:

voorelkaarinamsterdam.nl

In view of the corona virus, it is best to stay away from each other. If you are part of a vulnerable risk group, you are advised to stay indoors in order to prevent spreading. But how do you get your groceries? And how do you get to important appointments? Is there still anyone around for you to talk to? Especially now, in uncertain times, social contact and practical help are important for elderly and / or vulnerable Amsterdammers. It is important to feel that the outside world is still there for you, that you have someone you can call for help, or just a listening ear to make you feel less alone.

CENTRAL NUMBER: 020-7670031

That is why Amsterdam's social work organisations are joining forces. There is now a central Amsterdam phone number for practical help or contact requests: 020-7670031. We make sure that your request reaches someone in your own neighborhood.

CONNECT NEIGHBOURS WITH EACH OTHER

We call on the people of Amsterdam to register on our site if you want to and are able to help others. And for those Amsterdammers who need help or want to have a chat, we will get you in contact with volunteers in your own neighbourhood. This is how we connect neighbours with each other and make sure that we get through this together!